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# RUN

## Glasgow Glow Run April 24, 2019 – 7:30 PM 5K Fun Run – 1 Mile Walk

### Fee:

**Prior to April 12 – \$15.00**

**After April 12 – \$20.00**

**Begins and Ends  
at  
Middle School**

### WHAT'S IN IT FOR YOU?:

The first 125 signups will receive an 3M reflective t-shirt. This reflective t-shirt gives you visibility during your walks and runs. **BE SEEN!**

### WHAT'S IN IT FOR GLASGOW?:

The funds raised from the Glasgow 5k Glow Run/Walk will be used to support the Middle School Outdoor Learning Lab (Community Garden) and the Middle School Exercise Path

**DROP OFF REGISTRATION AT:  
Central Office, or any School**

**Pick up packet: April 24  
Central Office: 2:00-5:00  
Middle School 6:00-7:00**

**YOUR INFO: Age Group: 18-25 26-35 36-45 46+**

Name: \_\_\_\_\_ Size (Adult Sizes): Sm Med Lar XLar

Address: \_\_\_\_\_ City, ST Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

In consideration of accepting this entry and having read this waiver, I hereby release - for myself and my heirs, executors, administrators, legal representatives, assigns and successors in interest, and for my child (if parent or guardian signing on behalf of a participant under the age of 18, referred to as "my child") – Glasgow Glow Run, the Glasgow School District, the City of Glasgow, Valley County, and all other promoters, sponsors, organizers and volunteers of this event, and the officers, directors, shareholders and/or members, agents and employees of each, as well as all medical, law enforcement and other personnel assisting with this event, the owners of property through which the event course traverses, and their representatives, successors and assigns (collectively "Released Parties") from any and all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I know that participating in this event is a potentially hazardous activity, and I fully assume the inherent risks associated with my and/or my child's participation in this event, including but not limited to: the dangers of falls, collisions with pedestrians, vehicles and fixed or moving objects; the dangers of road conditions, surface hazards, weather conditions - including heat, humidity, wind, cold and wet or icy surfaces; inadequate clothing; falling tree branches or other overhead objects; encounters with wild or domesticated animals; the possibility of serious physical and/or mental trauma or injury or death associated with an athletic running and walking event; and dangers caused by others' negligence. I certify that I am and/or my child is physically and mentally fit to participate in this event.

I understand that entry fees are necessary to meet the cost of preparation, in advance of the run, and that if the run is canceled because of weather conditions, fire, drought, acts of God, or any other circumstances, the entry fee will not be refunded. I also understand that entry fees are non-refundable, non-transferrable and non-deferrable if I am unable to participate for any reason, including but not limited to a medical condition.

By signing this document you may be waiving your legal right to a jury trial to hold the provider legally responsible for any injuries or damages resulting from risks inherent in the sport or recreational opportunity or for any injuries or damages you may suffer due to the provider's ordinary negligence that are the result of the provider's failure to exercise reasonable care.

Please Sign Full Name (Parent if under 18)

\_\_\_\_\_  
I HAVE READ AND AGREE TO THE TERMS STATED IN THE ABOVE WAIVER.